

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday



January 2025

Assisted Living Life Enrichment Calendar



			<p>9:30am Exercise (HP) 1 10:30am Morning Movement (CC) 3:00pm Dominoes (LEC)</p>	<p>9:30am Exercise (HP) 2 10:30am Morning Movement (CC) 1:00pm BINGO (HP) 1:00pm Bible Study with Chaplain Harry (CH) 2:45pm Dog Therapy Group 3:00pm Happy Hour (CC)</p>	<p>9:30am Exercise (HP) 3 10:30am Morning Movement (CC) 1:00pm Modern Jeopardy Trivia (CC) 7:00pm BINGO (CH)</p>	<p>10:30am BINGO (HP) 4 12:30pm Walmart Shopping Trip (Sign Up with Emily) 2:00pm Dominoes (LEC) 3:00pm Happy Hour (CC)</p>
<p>10:30am Sunday Church Service (CH) 5 1:00pm Scenic Beach Drive (Sign Up with Emily)</p>	<p>9:30am Exercise (HP) 6 10:30am Coffee, News & Current Events (CC) 1:30pm Movie Monday: <i>Book Club</i> (CC) 3:00pm Rummikub (CC)</p>	<p>9:30am Exercise (HP) 7 10:30am Brain Exercises with Emily (CC) 1:00pm Manicures (LEC) 2:45pm Dog Therapy Group 3:00pm Happy Hour (CC)</p> <p>*Hair Salon Day*</p>	<p>9:30am Exercise (HP) 8 10:30am Morning Movement (CC) 10:30am Catholic Mass (CH) 1:00pm Mobile Library (BC) 2:00pm Cooking Club (CC) 2:00pm Dominoes (LEC) 3:00pm Solomon Eichner Piano Performance (CH)</p>	<p>9:30am Exercise (HP) 9 10:30am Morning Movement (CC) 1:00pm BINGO (HP) 1:00pm Bible Study with Chaplain Harry (CH) 2:30pm Guitar Music with Jim Seem (CC) 3:30pm Happy Hour (CC)</p>	<p>9:30am Exercise (HP) 10 10:30am Morning Movement (CC) 1:00pm January Random Trivia (CC) 2:30pm Piano Music with Andrea (Pavilion) 7:00pm BINGO (CH)</p>	<p>10:30am BINGO (HP) 11 2:00pm Dominoes (LEC) 3:30pm Sing-Along & Guitar Music with Emma (CC)</p>
<p>10:30am Sunday Church Service (CH) 12 3:00pm Hot Chocolate Bar & Brain Games with Emma (CC)</p>	<p>9:30am Exercise (HP) 13 10:30am Coffee, News & Current Events (CC) 1:30pm Movie Monday: <i>Cinderella Man</i> (CC) 1:30pm Harris Teeter Trip (Sign up with Emily) 3:00pm Pokeno (LEC)</p>	<p>9:30am Exercise (HP) 14 10:30am Brain Exercises with Emily (CC) 1:00pm Manicures (LEC) 2:45pm Dog Therapy Group 3:00pm Happy Hour (CC)</p> <p>*Hair Salon Day*</p>	<p>9:30am Exercise (HP) 15 10:30am Morning Movement (CC) 2:30pm January is a Wonderland Tea Party (CC) 3:30pm Dominoes (LEC)</p>	<p>9:30am Exercise (HP) 16 10:30am Morning Movement (CC) 1:00pm BINGO (HP) 1:00pm Bible Study with Chaplain Harry (CH) 2:45pm Dog Therapy Group 3:00pm Happy Hour (CC)</p>	<p>9:30am Exercise (HP) 17 10:30am Morning Movement (CC) 1:00pm Alice's Adventures in Wonderland Trivia (CC) 7:00pm BINGO (CH)</p>	<p>10:30am BINGO (HP) 18 1:00pm Scenic Drive to visit Angel Oak Tree on Johns Island (Sign Up with Emily) 2:00pm Dominoes (LEC)</p>
<p>10:30am Sunday Church Service (CH) 19 1:30pm Ice Cream "Sunday" Social (CC) 3:00pm Remington Concert Series: Chamber Music for Strings (CC)</p> <p>Activity Professionals Week</p>	<p>9:30am Exercise (HP) 20 10:30am Coffee, News & Current Events (CC) 1:30pm Movie Monday: <i>Stand By Me</i> (CC) 3:00pm Rummikub (CC)</p> <p>Martin Luther King Jr. Day</p>	<p>9:30am Exercise (HP) 21 10:30am Brain Exercises with Emily (CC) 1:00pm Manicures (LEC) 2:45pm Dog Therapy Group 3:00pm Happy Hour (CC)</p> <p>*Hair Salon Day*</p>	<p>9:30am Exercise (HP) 22 10:30am Morning Movement (CC) 1:00pm Mobile Library (BC) 2:00pm Cooking Club (CC) 3:00pm A reading of Engel by Cynthia Andrews a local Charleston Author (CH)</p>	<p>9:30am Exercise (HP) 23 10:30am Morning Movement (CC) 1:00pm BINGO (HP) 1:00pm Bible Study with Chaplain Harry (CH) 3:00pm Happy Hour (CC)</p>	<p>9:30am Exercise (HP) 24 10:30am Morning Movement (CC) 1:00pm January Jeopardy Trivia (CC) 2:30pm Aromatherapy: Make Your Own Hand Lotion (CC) 7:00pm BINGO (CH)</p>	<p>10:30am BINGO (HP) 25 2:00pm Dominoes (LEC) 3:30pm Corn Hole! (CC)</p>
<p>10:30am Sunday Church Service (CH) 26 3:00pm Brain Games with Emma (CC)</p>	<p>9:30am Exercise (HP) 27 10:30am Coffee, News & Current Events (CC) 1:30pm Movie Monday: <i>Alice in Wonderland</i> (CC) 1:30pm Target Trip (Sign up with Emily) 3:00pm Pokeno (LEC)</p>	<p>9:30am Exercise (HP) 28 10:30am Brain Exercises with Emily (CC) 1:00pm Manicures (LEC) 2:45pm Dog Therapy Group 3:00pm Happy Hour (CC)</p> <p>*Hair Salon Day*</p>	<p>9:30am Exercise (HP) 29 10:30am Morning Movement (CC) 11:30am Chinese Takeout Lunch - Sign up with Emily (CC) 3:00pm Dominoes (LEC)</p> <p>Chinese New Year</p>	<p>9:30am Exercise (HP) 30 10:30am Morning Movement (CC) 1:00pm BINGO (HP) 1:00pm Bible Study with Chaplain Harry (CH) 2:30pm Resident Council Meeting (CC) 3:00pm Happy Hour (CC)</p>	<p>9:30am Exercise (HP) 31 10:30am Morning Movement (CC) 1:00pm Old School Trivia (CC) 7:00pm BINGO (CH)</p>	<p>Locations: CC: Colonial Court HP: Harbor Point LEC: Life Enrichment Center O: Outing OL: Oakside Lounge CH: Chapel FP: Front Porch BC: Burges Center</p>